



MISSION NUTRITION

ARE YOU READY TO TAKE ON THE CHALLENGE?



Welcome

We want to empower students to make lifestyle choices that will ensure that they thrive in school and at home. Choosing school meals is a great way to start them on their way. Lunchtimes with SIPS are fun and friendly. Eating with others is so important for social skills and building friendships.

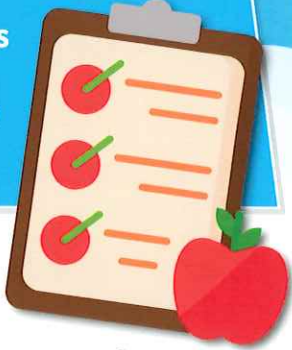


We are asking you to take on the challenge to:

- Be able to choose a healthy meal and really enjoy the food
- Understand how food helps learning and concentration
- Working with your child to discover how school meals improves social skills, mental health and builds friendships

Leave lunchtimes to us even if your child has allergies or needs a medical diet.

We have strict procedures to support students with allergies or medical diets to enjoy a meal.



Are you missing out on around **£500 per child per year?**

Free school meals can save your household a lot of money. If you are on certain benefits or have a low household income, they could be free for you.



To check if you are entitled scan here



Meals are **STILL FREE** for all Reception, Year 1 and 2 students regardless of circumstances

We only put great ingredients into our food and use recognised brands!

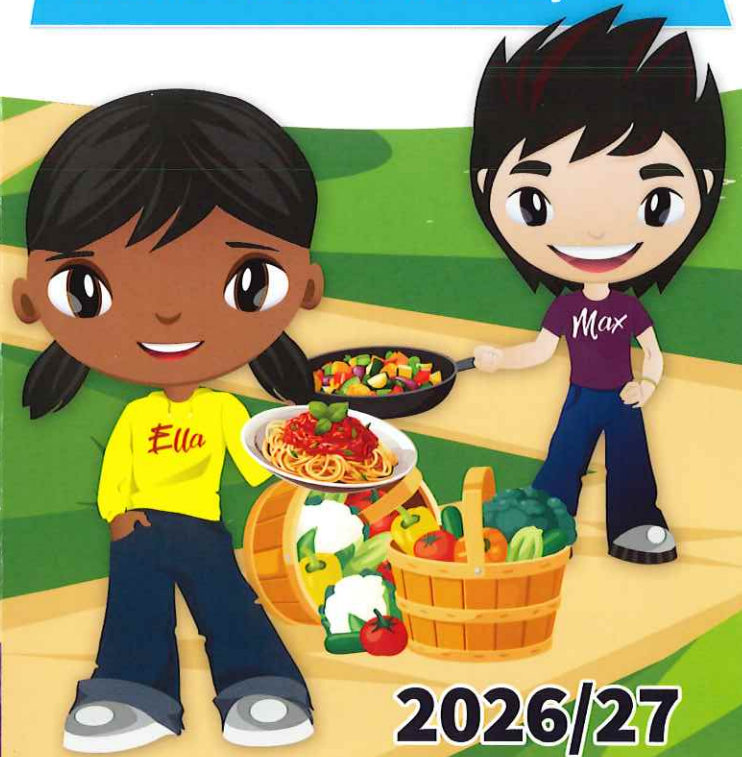


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Primary School Lunch Menu

Educating and empowering students to be the best they can be



Mission Nutrition Menu 2026/27

Available Daily: Water, Seasonal Salad, Bread, Yoghurt and Seasonal Fresh Fruit

Week 1

Week 2

Week 3

Monday

NEW Chicken Goujons **NE**
Pasta in Tomato Sauce **B**
Vegan Chicken Style Fillet **VG NE**
Pasta in Tomato Sauce **B**
Broccoli
NEW Pineapple Sponge & Custard **B V**

Quorn Southern Style Burger **VG**
Savoury Rice **B** • Peas & Carrots
Mac 'n' Cheese with Garlic Bread **V**
Peas & Carrots
Chocolate Arctic Roll **V**

Chicken Curry **B NE**
with Rice & Naan Bread
Cheesy Tomato Pasta Bake **V B NE**
Garlic Bread
NEW Chocolate & Cherry Muffin **V B**

Tuesday

NEW Cheesy Bean Wrap **V B NE**
Mini Corn on the Cob • Garlic Herby Potatoes
Fishless Fingers **VG NE**
Mini Corn on the Cob • Garlic Herby Potatoes
Brownie Bites & Mandarin Oranges **NG VG**

Roast Chicken & Gravy **NE**
Roast Potatoes • Broccoli • Carrots
Quorn Tikka Curry **VG** Dhal **VG** & Naan Bread
NEW Jam Sponge & Custard **V**

NEW Pork Hot Dog **NE**
Baked Jacket Wedges • Baked Beans
NEW Vegetarian Hotdog **VG NE**
Baked Jacket Wedges • Baked Beans
Lemon Drizzle Cake **V B NG NE**

Wednesday

Brunch Lunch (Pork Sausage, Hash Brown, Baked Beans, Omelette)
Vegetarian Brunch Lunch **V**
(Vegetarian Sausage, Hash Brown, Baked Beans, Omelette)
Cocoa Crunch Tray Bake **V**

Jerk Chicken **NE**
Half a Baked Potato • Peas & Sweetcorn
NEW Mediterranean Ragu **V B**
Pasta • Peas & Sweetcorn
Chocolate Cookie **V NE**

Fish Fingers **NE**
Mashed Potato • Peas & Sweetcorn
NEW Vegetarian Mince Cottage Pie **V B**
Peas & Sweetcorn
Vanilla Ice Cream **V**

Thursday

Cajun Chicken **NE**
Half a Baked Potato • Sweetcorn
Margherita Pizza **V**
Half a Baked Potato • Sweetcorn
Fruit Jelly **VG**

Loaded Pizza **B V**
Baked Jacket Wedges • Sweetcorn
Vegetarian Chilli **V B**
with Homemade Tortilla Chips & Rice
Fruit Jelly **VG**

Beef Bolognese **B NE**
Pasta & Garlic Bread
Margherita Pizza **V B**
Pasta • Coleslaw
Strawberry Mousse **V**

Friday

Fish Fingers **NE**
Chips • Garden Peas
Quorn Nuggets **VG**
Chip • Peas
NEW Banana Mousse **NE V**

NEW Fish Goujons **NE**
Chips • Spaghetti Hoops
Crispy Vegetable Burger **VG B NE**
Chips • Spaghetti Hoops
Iced Shortbread Biscuit **VG NE**

Harry Ramsden Junior Battered Pollock **V NE** or
Harry Ramsden Sweet Potato & Salmon Fishcake **V NE**
Chips • Peas
Quorn & Sweet Potato Curry **VG B NE**
Chips • Peas
Sprinkle Tray Bake & Custard **NG V**

02/02/2026, 02/03/2026, 23/03/2026, 27/04/2026, 18/05/2026,
15/06/2026, 06/07/2026, 31/08/2026, 21/09/2026, 12/10/2026,
09/11/2026, 30/11/2026, 04/01/2027, 25/01/2027

09/02/2026, 09/03/2026, 13/04/2026, 04/05/2026, 01/06/2026,
22/06/2026, 13/07/2026, 07/09/2026, 28/09/2026, 19/10/2026,
16/11/2026, 07/12/2026, 11/01/2027, 01/02/2027

23/02/2026, 16/03/2026, 20/04/2026, 11/05/2026, 08/06/2026,
29/06/2026, 14/09/2026, 05/10/2026, 02/11/2026, 23/11/2026,
14/12/2026, 18/01/2027, 08/02/2027

NE No Eggs **V** Vegetarian **VG** Vegan **NG** No gluten containing ingredients **B** Boosted by hidden fruit and vegetables

Dishes, ingredients and allergens may change without prior notice

STANDARD