



Brickhouse Primary School Asthma Policy

The Principles of our Asthma Policy

- Brickhouse recognises that asthma is an important condition affecting many school children and welcomes all pupils with asthma
- Ensures that children with asthma participate fully in all aspects of school life including PE
- Recognises that immediate access to reliever inhalers is vital
- Keeps records of children with asthma and the medication they take
- Ensures the school environment is favourable to children with asthma
- Ensures that other children understand asthma
- Ensures all staff who come into contact with children with asthma know what to do in the event of an asthma attack
- Will work in partnership with all interested parties including all school staff, parents, governors, doctors and nurses, and children to ensure the policy is implemented and maintained successfully

This policy has been written with advice from the Department for Education, National Asthma Campaign, the Local Authority and the School Health Service

1. This school recognises that asthma is an important condition affecting many school children and positively welcomes all pupils with asthma.

2. This school encourages children with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff and pupils. Supply teachers and new staff are made aware of this policy. All staff who come into contact with children with asthma are provided with training on asthma regularly.

Medication

Immediate access to reliever is vital. The reliever inhalers for all children are kept in the classroom. Parents are asked to ensure that the school is provided with a labelled spare reliever inhaler. The class teacher will hold this separately in case the child's own inhaler runs out or is lost or forgotten.

All inhalers must be labelled with the child's name by the parent. School staff are not required to administer medication to children except in an emergency, however many of our staff are happy to do this.

School staff who agree to do this are insured by the LA when acting in accordance with this policy. All school staff will let children take their own medication when they need to.

The school will also hold a number of spare inhalers for children who are without an inhaler to take medication when it is required. This is per DfE requirements.

Record Keeping

At the beginning of each school year, or when a child joins the school, parents are asked if their child has asthma. All parents of children are asked to complete a School Asthma Health Care Plan (See Appendix 1). From this information, the school keeps its asthma register which is available for all school staff. The Plans are sent to parents on an annual basis to update. If medication changes in between times, parents are asked to inform the school.

PE

Taking part in sports is an essential part of school life. Teachers are aware of which children have asthma from the asthma register. Children

with asthma are encouraged to participate fully in PE. Teachers will remind children whose asthma is triggered by exercise to take their reliever inhaler before the lesson and complete a warm up of a couple of short sprints over five minutes before the lesson. Each child's inhalers will be labelled and kept in a box at the site of the lesson. If a child needs to use their inhaler during the lesson, they will be encouraged to do so.

The School Environment

The school does all that it can to ensure the school environment is favourable to children with asthma. The school does not keep furry and feathery pets and has a non-smoking policy. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for children with asthma. Children are encouraged to leave the room and go and sit in the secretary's office if particular fumes trigger their asthma.

Making the School Asthma Friendly

The school ensures that all children understand asthma. Asthma can be included in Key Stages 1 and 2 in science, design and technology, geography, history and PE of the national curriculum. Children with asthma and their friends are encouraged to learn about asthma; information for children and teens can be accessed from the following website www.asthma.org.uk.

When a Child is falling behind in lessons

If a child is missing a lot of time from school because of asthma or is tired in class because of disturbed sleep and falling behind in class, the class teacher will initially talk to the parents. If appropriate, the teacher will then talk to the school nurse and SENCO about the situation. The school recognises that it is possible for children with asthma to have special education needs because of asthma.

Asthma Attacks

All staff who come into contact with children with asthma know what to do in the event of an asthma attack. The school follows the following procedure.

1. Ensure that the reliever inhaler is taken immediately.
2. Stay calm and reassure the child.
3. Help the child to breathe by ensuring tight clothing is loosened.

After the attack

Minor attacks should not interrupt a child's involvement in school. When they feel better they can return to school activities.

The child's parents must be told about the attack.

Emergency procedure

Call the child's doctor urgently from the secretary's office using the asthma register to find out the number of the GP if:

- The reliever has no effect after five to ten minutes
- The child is either distressed or unable to talk
- The child is getting exhausted
- You have any doubts at all about the child's condition

If the Doctor is unobtainable, call an ambulance

- If for any reason the child stops breathing, an ambulance should be called immediately

A child should always be taken to hospital in an ambulance. School staff should not take them in their car as the child's condition may deteriorate

Date: April 2024

Review: April 2027

Appendix 1

September 2020

Dear Parent,

School Asthma Health Care Plan

As part of our Asthma policy, we would like all parents of children with asthma to help us by completing a School Asthma Health Care Plan for their child annually, which is attached to this letter. The completed School Asthma Health Care Plan will store important details about your child's current medicine, triggers, individual condition and needs.

All children with an individual asthma health care plan need to have prescribed by their GP an emergency metered dose inhaler, reliever medication. It is necessary for school staff to have access to this medication in – order to treat a severe asthma attack correctly. It is best practice to treat a severe asthma attack with a Volumatic spacer. All schools have access to Volumatic spacer and the asthma leads have been trained on their use in a severe attack.

Please complete this Plan and return it to the school along with your child's normal reliever medication in the way we have asked due to COVID regulations.

Please note that due to the new legislation we do have an emergency salbutamol inhaler, as per Department of Health guidance (Sept 2014). It does however remain the parent's responsibility to provide the school with a Volumatic spacer and emergency salbutamol for your individual child.

We look forward to receiving your child's completed School Asthma Health Care Plan. If your child no longer uses a reliever medication (blue inhaler) please sign the bottom of this letter and return it to school as soon as possible.

Yours sincerely,



Mr. P. Newby

Headteacher

ADVICE FOR PARENTS

Remember:

1. It is your responsibility to tell the school about any changes in your child's asthma and/or their asthma medication
2. It is your responsibility to ensure that your child has their 'relieving' medication with them in school and that it is clearly labelled with their name
3. You should confirm this with your child's class teacher
4. It is your responsibility to ensure that your child's asthma medication has not expired
5. Your child should not be exposed to cigarette smoke

My child _____

no longer uses reliever medication (blue inhaler), therefore he/she can be removed from the schools asthma register.

Signed:

Print Name:

Date:

School Asthma Health Care Plan

Child's Name	<div></div>
Date of Birth	<div></div>
Year Group/Class	<div></div>
Child's Address	<div></div>
Date Asthma Diagnosed	<div></div>

Family Contact Information

Parent / Guardian Name	<div></div>
Phone Number (work)	<div></div>
(home)	<div></div>
(mobile)	<div></div>
Parent / Guardian Name	<div></div>
Phone Number (work)	<div></div>
(home)	<div></div>
(mobile)	<div></div>

GP

Name

Phone Number

Clinic/Hospital Contact

Name

Phone Number