

# Measles

What you should know.

## It's a serious viral infection.

Measles is very contagious and can be deadly.



It's still in the air 2 hours after an infected person leaves an area.



## Protect your family.

The measles vaccine is safe and effective. Get your family vaccinated.



## What to look for.

Measles starts with a fever, red eyes, cough and runny nose.



About 3 days later, a red rash starts on the face and spreads down the body.

Young children get the sickest and may need to go to the hospital.



## If you think you or a family member has measles:

Call your GP or 111 right away.



You will be told how to get the care needed without exposing others.



Stay home and don't have visitors until the rash is gone.



**Contact your GP to book your MMR vaccine.**