

*What should I do if
I am being bullied?*

DO:

- Tell a member of staff
- Come and talk to the playground buddies and use the buddy bench
- Tell your family or someone that looks after you
- Tell a prefect around school
- Tell your friends (if you wish)
- Put your worries in the 'SAY NOW' box
- Stay away from the bully and ignore them

DON'T:

- Keep your worries to yourself...no one will know to help you
- Bully them back
- Don't fight them or argue with them

*What should I do if I
see someone else being
bullied?*

- Don't just ignore it...tell an adult
- Don't go and sort it out yourself...you might get in trouble
- Use the 'SAY NOW' box with your friend
- Don't stay silent or the bullying will carry on!
- Be there for them and listen

*We want to make
school a safe and
happy place for
everyone*



*Brickhouse Primary
School*



*Child friendly
Anti-Bullying Policy
Made by our Anti-
Bullying steering group
(Our Anti-Bullying
steering group meets
termly to discuss all
things Anti-Bullying at
Brickhouse)*

What is bullying?

Bullying
can be:

Physical: Hurting people
by kicking, hitting,
punching on purpose

Emotional: Hurting peoples
feelings and upsetting them

Verbal: Saying hurtful
things, swearing at people
for no reason

Racist: Making fun out of
children because of their
skin colour

Cyber: Using the internet
and social media to send
horrible messages

Through a 3rd person:
Getting someone to do the
bullying for you

When is it bullying?

REMEMBER:

Several

Times

On

Purpose

We promise to
always treat your
bullying worries
seriously



Who can I tell?

- Prefects
- Teachers and other staff
- Friends (if you wish to)
- Parents or family
- Carers
- SAY NOW box
- Lunchtime staff
- Playground buddies

**STOP
BULLYING
NOW**
STAND UP • SPEAK OUT

We are proud of our
Anti-Bullying work at
Brickhouse because we
rarely have reports of
bullying incidents!